

SCHOOL MENU

WEEK ONE

Weeks commencing: 4th Sept 23, 25th Sept 23, 16th Oct 23, 30th Oct 23, 20th Nov 23, 11th Dec 23, 8th Jan 24, 29th Jan 24, 26th Feb 24, 18th March 24, 15th April 24, 6th May 24, 3rd June 24, 24th June 24, 15th July 24

MONDAY



MEAT FREE MONDAY

Quorn dippers

with potato balls & baked beans

Toffee apple crumble

served with ice cream

TUESDAY



Beef meatballs

with pasta in tomato sauce or in a sub roll and served with vegetables

Chocolate orange muffin

WEDNESDAY



Roast chicken

with Yorkshire pudding, roast potatoes and seasonal vegetables

Fresh fruit salad & frozen yoghurt

THURSDAY



Savoury mince pie

with gravy, creamed potatoes & vegetables

Fresh fruit jelly

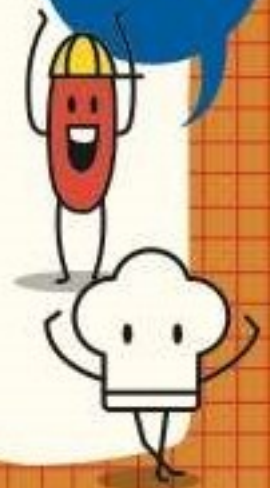
served with cream

FISH FRIDAY

Tempura battered cod fish fillet

served with chips and peas

Ginger biscuit



SCHOOL MENU

WEEK TWO

Weeks commencing: 11th Sept 23, 2nd Oct 23, 6th Nov 23, 27th Nov 23, 15th Jan 24, 5th Feb 24, 4th March 24, 25th March 24, 22nd April 24, 13th May 24, 10th June 24, 2nd July 24

MONDAY



MEAT FREE MONDAY

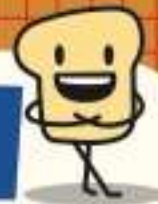
Bonta Italia pasta in tomato sauce

served with garlic slice & vegetables / salad

Steamed syrup sponge

with custard

TUESDAY



Pork sausages

with Yorkshire pudding, creamed potatoes, gravy and vegetables

Peach cobbler muffin

WEDNESDAY



Chicken curry

with rice, naan bread and vegetables

Rice pudding

served with mini cookie

THURSDAY



Savoury mince

Served with crispy dumpling, roast potatoes and vegetables

Chocolate banana traybake


Sunderland
City Council

FISH FRIDAY

Cod fish fingers

served with chips and baked beans

Krispy crunch biscuit



SCHOOL MENU

WEEK THREE

Weeks commencing: 18th Sept 23, 9th Oct 23, 13th Nov 23, 4th Dec 23, 22nd Jan 24, 12th Feb 24, 11th March 24, 29th April 24, 20th May 24, 17th June 24, 8th July 24

MONDAY



MEAT FREE MONDAY

Margherita pizza

with jacket wedges & vegetables / salad

Fresh fruit salad

served with an ice cream pot

TUESDAY



Beef lasagne OR Spaghetti Bolognese

with herby bread and salad / vegetables

Moist ginger cake

served with custard

WEDNESDAY



Spanish chicken

with rice and vegetables

Fruit flapjack

served with custard

THURSDAY



Roast of the day (pork or beef)

with Yorkshire pudding, roast potatoes, gravy and vegetables

Lemon yoghurt traybake


Sunderland
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FISH FRIDAY

Seaside style salmon fillet

served with chips and peas

Fruit turnover

with cream

