



Great Active Sunderland School Charter 2022 - 2023

Name of School:

Name of School Contact:

Assessment period: June 2022 – May 2023

Accreditation Awarded: each July on an annual basis

Date of Assessment: Ongoing however the **final date for submission is Friday 26 May 2023**

How to apply

The 2022 – 2023 application process is available online. Once you have started your survey you will be able to edit or change your survey responses at any time however you must use the same IP address (use same device in same location). <https://www.surveymonkey.co.uk/r/9B27M27>

When completing the on-line process schools should be confident that if chosen for on-site ratification visit evidence can be presented against each criterion.

Support will be on offer throughout the process from.

Yvonne Setchell, Events and Active Sunderland Delivery Officer.
Telephone; 07768 273 348. E mail; Yvonne.setchell@sunderland.gov.uk

Further information, frequently asked questions can be found on; [Great Active Sunderland Schools Charter - Sunderland City Council](#) and example answers can be found in the criteria tables commencing on page 4 of this document.

Great Active Sunderland School Charter 2022 - 2023

Secondary Schools			
14 Criteria Elements Must include criteria 1			
Standard	Number Required	Essential	Desirable / Essential
Bronze	7	6	1
Silver	8	7	1
Gold	9	8	1

SEN Schools (Secondary)			
13 Criteria Elements Must include criteria 1			
Standard	Number Required	Essential	Desirable / Essential
Bronze	4	3	1
Silver	6	4	2
Gold	8	6	2

Primary / Junior Schools			
16 Criteria Elements Must include criteria 1 and 2			
Standard	Number Required	Essential	Desirable / Essential
Bronze	8	7	1
Silver	10	8	2
Gold	12	9	3

SEN Schools (Primary)			
16 Criteria Elements Must include criteria 1 and 2			
Standard	Number Required	Essential	Desirable / Essential
Bronze	7	5	2
Silver	9	6	3
Gold	11	7	4

Infant Schools			
14 Criteria Elements Must include criteria 1 and 2			
Standard	Number Required	Essential	Desirable / Essential
Bronze	5	3	2
Silver	7	4	3
Gold	9	5	4



Criteria for a Great Active Sunderland School Charter 2022 - 2023

Education					
We want more time for higher quality PE: to ensure all children are physically literate and can move competently and confidently					
Standard to achieve	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answers	
1	<p>Does your school provide every child with at least 2 hours of high-quality PE per week? Note; SEN Schools can include physical therapy sessions</p>	<p>Bronze – 2 hours consisting of curricular and extra curriculum provision</p> <p>Silver - 2 hours made up of curricular and extracurricular provision</p> <p>Gold – 2 hours of timetabled curriculum provision</p>	<p>Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>School timetable. Extra curriculum timetable. Active classroom timetable. Please add creative / innovative ideas your school has introduced to deliver curriculum PE.</p>	<p>Our school provides each class with 2 hours of PE per week which can be evidenced through our school timetable.</p> <p>Our school provides each class with 1 hour of curriculum PE per week in addition each class takes place in the Daily Mile every day within curriculum time.</p> <p>Our school has limited hall availability therefore each class receives 2 x 45 minutes of timetable PE in addition each class participates in daily Wake Up Shake Up / Jump Start Jonny sessions.</p> <p>Examples of Active classrooms; Super Movers, TagTiv8, Jump Start Jonny, Go Noodle, Wake Up Shake Up, Active Maths, Active English</p> <p>Please add here your creative / innovative ideas your school has introduced to deliver curriculum PE.</p>

2	<p>Does your school publish information about the use of Primary PE and Sport Premium funding?</p> <p>Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered.</p>	<p>Ofsted inspectors will be asked to consider “How well the school uses its Sport Premium top improve the quality and breadth of its PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performances levels they are capable of.”</p> <p>Schools must publish details of how they spend their PE and sport premium funding by the end of the summer term or by 31 July 2023 at the latest.</p>	<p>Infant Primary /Junior SEN Primary</p>	<p>As part of the funding programme schools <u>must</u> publish their PE and sport premium funding provision on their school website. (Note – Ofsted assesses how primary schools use the primary PE and sport premium. They measure it’s impact on pupil outcomes, and how effectively governors hold school leaders to account for this).</p>	<p>We have published details of how we intend to spend our PE and sport premium funding on our website (insert website link) which includes:</p> <ul style="list-style-type: none"> • the amount of premium received • a full breakdown of how it has been spent • the impact the school has seen on pupils’ PE, physical activity, and sport participation and attainment • how the improvements will be sustainable in the future
3	<p>Does your school have a designated Head of PE or PE Lead?</p>	<p>The school’s appointed Head of PE or PE Lead name to appear on website / letters regarding PE activity</p>	<p>Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>PE Lead name appears on; website / letters regarding PE activity</p>	<p>'name of teacher' is our PE lead. This can be found on our staff list on our school website (insert website link) / on letters to parents regarding PE activity</p>

4.	Do your teachers attend at least one CPD course per annum?	<p>Sports specific courses attended off site. Inset training attended by whole staff. Staff working alongside sports coaches.</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p>Desirable for; Infant Primary /Junior Secondary SEN Primary SEN Secondary</p>	<p>Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.</p> <p>Continuous CPD - dates external providers working alongside teachers and schemes of work provided</p>	<p>'name of teacher' attended 'name of course' on date, venue, time. This attendance has been confirmed via an e mail from the course organiser.</p> <p>'name of teacher' has worked with an external sports coach for 6 weeks. This included the teacher working in tandem with the coach during one lesson and then solo delivering the same lesson to a different class. The teacher has lesson plans to ensure sustainable delivery. We have a confirmation e mail from the coach outlining the delivery programme and dates.</p> <p>During a school inset day on (list day, date and times) the whole school attended a CPD session on (name sport / theme). We have a confirmation e mail outlining the delivery from the tutor.</p>
5	Does your school offer training for playground / lunchtime assistants?	<p>Active Playground Training.</p> <p>Lunchtime Supervisor Training</p> <p>Operation of in-house playground training scheme for lunchtime assistants'</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p>Desirable for; Infant Primary /Junior SEN Primary</p>	<p>Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.</p> <p>Lunchtime Supervisor Training confirmation of attendance from School Games Organiser.</p> <p>In house programme, copy of training programme delivered, dates delivered and number attending</p>	<p>Our lunchtime supervisors attended (add name of course, date, venue, time). This attendance has been confirmed via an e mail from the course organiser.</p> <p>Our lunchtime supervisors attended Lunchtime Supervisor Training (add date, venue, time). Attendance confirmed by our School Games Organiser.</p> <p>Our PE lead delivered a in house playground training programme to the lunchtime assistants (list days, dates, time and list of attendees). The training dates can be found in our school calendar along with the list of attendees. The PE lead also has a copy of the training programme delivered.</p>

Sport We want sustained competitive sport in schools: to ensure sport remains at the heart of a young person's life					
	Standard to achieve	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
6	Does your school provide all young people the opportunity to participate in competitive sport?	<p>Use the Sunderland School Games, Feeder Secondary School Cluster Festivals, Wise Games, School Sports Associations and school trust competitions to provide pupils with the opportunity to take part as participant, volunteer or leader.</p> <p>In school intra competition (class v class, house v house competition).</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p>Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>Registration of school on the 'your school games' website.</p> <p>Sunderland School Games Facebook / Twitter..</p> <p>School website / Facebook / twitter / class blogs / school calendar / school newsletters.</p> <p>List intra competitions staged (sport, dates, year groups).</p> <p>List virtual competitions entered (sport, dates, year groups).</p>	<p><u>Competitive Sport</u> Our school attends the cluster festivals provided by our feeder secondary school (list festivals, year groups and dates). We have a copy of the cluster festival programme. Attendance confirmation can be found in confirmation e mails from our feeder secondary school also on our school website (insert website link) / Facebook (insert Facebook link) / class blog / school newsletter as well as on the Your School Games website. Our school attends competitions provided in the Sunderland School Games Calendar (copy available). Attendance is confirmed via e mail from the School Games Organiser / competition results / reports on school website (insert website link) / Facebook (insert Facebook link) / twitter (insert twitter link) / newsletter.</p> <p><u>Intra Competition</u> Our school operated a inter house Step Up Sunderland Challenge during November / December with the results being published on the school website and Facebook page.</p> <p><u>Volunteer / leader</u> Our young leaders provide support at the following after school clubs / cluster festivals (list clubs / festivals dates and venues). This can be verified by consent forms and emails from the event organiser.</p>

7	Does your school have an accredited School Games Mark?	A reward for schools for their commitment to and development of competition, school sport and physical education	Primary /Junior Secondary SEN Primary SEN Secondary	Maintaining / Achievement of School Games Mark (Bronze, Silver, Gold or Platinum). Level awarded confirmed by School Games Organisers.	Our school has registered on the 'your school games' website which can be verified by the School Games Organiser. Our school retained the Bronze/Silver/Gold/Platinum mark in 2021/22. Our school will be / has submitted our 2022 / 23 application, this can be confirmed by our SGO.
8	Does your school deliver and operate a Young Leader's Programme / Leadership Academy / Leadership Scheme / Change 4 Life Champions / Young Health Champions?	<p>Operation of in-house leadership scheme.</p> <p>Inclusion of leadership as part of the PE curriculum.</p> <p>Programmes include Sports Leaders UK / Young Ambassadors / Playmakers Award / Active Leaders Award</p>	Infant Primary/Junior Secondary SEN Primary SEN Secondary	<p><u>In house</u> In house leadership scheme programme delivery dates and year group and number attending. Leadership as part of the PE curriculum delivery dates and year group/s.</p> <p><u>Playmaker / Sports leaders UK</u> Name award, confirmation of award gained through e mails from provider.</p>	<p><u>In house</u> Our school operates an in-house leadership scheme for year 7/8/9/10/11 (add days, dates and times of training).</p> <p>Our school operates an in-house leadership scheme for year 6 (add days, dates and times of training). These leaders deliver a programme of activity at lunchtime with the lunchtime assistants which is outlined in a rota</p> <p><u>Playmaker</u> Our year 5 children have completed playmakers award course (add dates, venue, time). This attendance has been confirmed via an e mail from the course organiser</p> <p><u>Sports leaders UK</u> Our school operates the Sports leaders UK programme (add days, dates, times of training) 'insert number' students are on the programme (register supplied by Sports leaders UK). In addition, we have a programme of activity the leaders deliver at lunchtime with the lunchtime assistants which is outlined in a rota.</p>

		<p><u>Young Health Champions (Year 10 and Year 5)</u> Health education programme that allows schools the chance to work in partnership to demonstrate their commitment to the health and wellbeing of their students. Young Health Champions complete a training / awareness programme covering young people's health related issues.</p> <p><u>Change 4 Life Champions (Primary / Junior / SEN Primary)</u> School Games Organisers offer C4L Champions Training aimed at Year 4/5 pupils. Champions will help support C4L clubs and their peers to lead healthy active lives and be the healthy active lifestyle ambassadors for their school.</p>		<p><u>Young Health Champions (Year 10 and Year 5)</u> Number of pupils undertook the training and awareness. E mail trail confirming delivery.</p> <p><u>Change 4 Life Champions (Primary / Junior / SEN Primary)</u> Champion's training offered by the School Games Organisers. E mail trail confirming attendance.</p>	<p><u>Young Health Champions (Year 10 and Year 5)</u> Our school has students (insert number) who have undertaken the Young Health Champions training / awareness programme (add days, dates and times). This was confirmed via e mail from the Change 4 life Sunderland Team</p> <p><u>Change 4 Life Champions (Primary / Junior / SEN Primary)</u> Our school took a number (insert number) of students to the C4L Champions training day (add day, date and time). This was confirmed via e mail from the School Games Organiser.</p>
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9	<p>“Does your school provide pupils at Key Stage 2 with the opportunity to swim 25m unaided? (primary / junior) *Does your school provide pupils at Key Stage 1 swimming instruction opportunities? (infant) ^Does your school provide pupils at Key Stage 1 / 2 swimming instruction opportunities? (SEN primary)</p>	<p>Primary / Junior Schools - “The new 2014 National Curriculum states all schools must provide swimming instruction. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres (Key Stage 2).</p>	<p><u>Desirable for;</u> *Infant “Primary / Junior ^SEN Primary</p>	<p>Name venue lessons are delivered as well as the year group/s receiving lessons and which terms attended.</p> <p>Registers from swimming provider indicating attendance, entry / exit level and distances achieved.</p> <p>Effective use of Primary PE and Sport Premium funding for <u>Intervention Programmes.</u></p>	<p>“Our school takes year 4 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.</p> <p>*Our school takes year 2 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.</p> <p>^Our school takes year 5 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.</p>
10	<p>Does your school provide a series of sports festivals for cluster primary schools?</p>	<p>Primary Cluster Sports Festival Calendar can be used to help primary schools qualify for next level of the Sunderland School Games.</p> <p>Provides an ideal opportunity for young leaders to be involved in delivery.</p> <p>Acts as an excellent transition tool for attracting pupils to the school.</p>	<p><u>Desirable for;</u> Secondary</p>	<p>Varied festival programme produced (a sample of sports, dates, times, year groups).</p> <p>Copy of festival programme available on school website.</p> <p>E mails sent to participating primary schools.</p>	<p>Our school has a varied Primary Cluster Sports Festival Calendar which is delivered to feed into the Sunderland School Games Calendar to enable progression to Level 2 competition (where applicable). Copy of calendar is available on school website (insert website link). Cluster festival results published on school website (insert website link) and e mails sent to competing primary schools.</p>

Physical Activity, Health and Mental Health

We want physical activity opportunities embedded into every school day: to ensure every child has the opportunity to live a healthy, active lifestyle

	Standard to achieve (Does the school....)	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
11	<p>Does your school provide programmes to engage the least active pupils?</p> <p><u>Primary /Junior / SEN Primary</u> Change 4 Life / 60 Active minutes / Active Schools Planner / Daily Mile / Step Up Sunderland / C4L Sunderland pedometer challenge / British Triathlon Skills for Life programme / Transition events</p>	<p><u>Primary /Junior / SEN Primary</u> Operate a Change 4 Life Club (or alternative named club). Support available from School Games Organiser Change 4 Life Sunderland Team.</p> <p><u>And / or</u> Active School Plans for 60 Active Minutes per day through active travel, playgrounds and classrooms. Support available from School Games Organiser.</p> <p><u>And / or</u> Operation of Daily Mile. It gets children out of the classroom for fifteen minutes every day to run or jog, at their own pace, with their classmates, making them fitter, healthier, and more able to concentrate in the classroom.</p>	<p>Primary /Junior / SEN Primary / Secondary / SEN Secondary</p>	<p>Change 4 Life club (or alternative named club) Dates delivered and year group/s and numbers attending</p> <p>Production of Active School Plans.</p> <p>Registration of school on the Daily Mile website. Daily Mile class participation timetable.</p>	<p>Our school operates 2 Change 4 Life Clubs (Year 3 and 4 pupils) which take place on a Monday and Wednesday lunchtime. 10 pupils attend each club, and they were identified through partnership work with the Change 4 Life Sunderland Team. The clubs run from November until June. Club registers are kept.</p> <p>Our school has produced an Active School Plan which is available on our school website (insert website link) and can be verified by our School Games Organiser.</p> <p>Our school is registered on the Daily Mile website (insert website link)</p>

	<p><u>Secondary / SEN Secondary</u> Girls Active / This Girl Can / Operation of in-house enrichment programmes / Step Up Sunderland / Change 4 Life / Transition events.</p>	<p><u>And / or</u> Operation of Step Up Sunderland which encourages children, teachers, parents and carers to be more active.</p> <p><u>And / or</u> Operation of British Triathlon Skills for Life programme which includes a variety of sessions that focus on swim, bike, run, transition activities and challenges.</p> <p>Eligible items which can be funded from Primary PE and sport premium.</p> <p><u>Secondary / SEN Secondary</u> Operation of Girls Active / This Girl Can programmes.</p> <p><u>And / or</u> Operation of in-house programmes e.g., enrichment programmes targeting the least active.</p>	<p>Secondary / SEN Secondary</p>	<p>Monthly e mails between the school and the Change 4 Life Sunderland Team with the school's Step up Sunderland totals</p> <p>Purchase of the KS2 British Triathlon Skills for Life curriculum pack.</p> <p>Name of club, dates delivered and year group/s and numbers attending.</p> <p>In-house enrichment programme delivery dates and number attending.</p>	<p>Our school operates the Step-Up Sunderland programme and on a monthly basis e mails are exchanged between our school and the Change 4 Life Sunderland Team with the school's step total.</p> <p>Our school delivers the programme to our Year 5 students. The inclusion of this activity can be found on our website under Year 5 curriculum delivery tab.</p> <p>Our school operate a This Girl Can Trampoline Club (list year group/s, day, dates and times). Club register is kept.</p> <p>Our school operates an in-house enrichment programme for all students where it is compulsory for each student to enrol on a minimum of one activity per week. The enrichment programme can be evidenced on our school website (insert school website link) and we keep registers of attendance for each activity.</p>
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		<p><u>And / or</u> Operation of Step-Up Sunderland which encourages children, teachers, parents and carers to be more active.</p>		<p>Enter school's step totals data into the Step-Up Sunderland app.</p>	<p>Our school operates the Step-Up Sunderland programme and which can be evidenced through the Step-Up Sunderland app.</p>
12	<p>Has your school engaged with the Council's Change 4 Life Sunderland Programme? Whole school Healthy Lifestyle assembly <u>or</u> Classroom based education sessions <u>or</u> Physical activity sessions <u>or</u> C4L Sunderland in-school or after school programme children or family programme <u>or</u> Young Health Champions training <u>or</u> Secondary School weigh and Measure programme <u>or</u> Roots and Shoots programme</p>	<p>Schools to host a C4L Sunderland Programme whole school Healthy Lifestyle assembly (minimum requirement). On completion of the assembly schools will have the opportunity to sign up to a wide variety of services completely free of charge; these may include interactive classroom-based workshops, games and activity sessions as well as practical healthy snack making and C4L Sunderland family programmes</p>	<p><u>Essential for:</u> Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>E mail trail confirming C4L Sunderland assembly and or other sessions or programmes delivered.</p> <p>NOTE: If through Public Health restrictions schools are unable to have the C4L Sunderland team delivering in school, then schools may access and view on-line sessions and evidence via uploading a picture of the session being shown in the classroom. Change4Life Sunderland - YouTube</p>	<p>The C4L Sunderland team delivered a whole school Healthy Lifestyle assembly (add day, date and time). This was confirmed via e mail from the C4L Sunderland team.</p> <p>Our school accessed the C4L Sunderland virtual assembly (add day, date and time) and photographs of our Y3 class watching the assembly can be found on the schools Facebook page.</p> <p>The C4L Sunderland team have also delivered a number of healthy lifestyle workshops. A number of families have also participated in a free 6-week healthy lifestyle programme. After completing the programme families have the opportunity to access free or low-cost activities during school holidays. This is all confirmed via e mail from the C4L Sunderland team.</p>

13	<p>Is your school working towards / achieved Together for Children's Healthy Schools Award.</p>	<p>The Sunderland Healthy Schools Award has been developed by a local multi-agency group of health, education, and social care professionals to support Sunderland schools to establish a positive, healthy school environment. In addition, the award recognises the dedication of schools within the city to the health and wellbeing of their pupils, staff and local communities. Participation in the award will also support schools to prepare for Ofsted inspection as each charter has been developed in line with Ofsted guidance and physical health, mental health and emotional wellbeing are all key components of Ofsted's common inspection framework. The five Charter Marks are.</p> <ol style="list-style-type: none"> 1. Anti-Bullying 2. Food and Nutrition 3. Mental Health 4. Relationships, Sex and Health Education 5. Great Active Sunderland Schools 	<p>Infant Primary /Junior Secondary SEN Primary SEN Secondary</p>	<p>Provision of evidence that schools are on a pathway towards achieving the Emerald, Bronze, Silver, Gold or Diamond criteria.</p> <p>Achievement of the Emerald, Bronze, Silver, Gold or Diamond Award</p>	<p>Our school is working towards the Emerald / Bronze / Silver / Gold / Diamond criteria.</p> <p>Our school achieved the Emerald / Bronze / Silver / Gold / Diamond standard in (insert date achieved) and is currently working towards the Bronze / Silver / Gold / Diamond criteria.</p> <p>This can be confirmed by Danika Shilliday, Together for Children SRE Worker who holds the list of schools and their status.</p>
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14	<p>Does your school provide Pre School / Lunchtime / After School / Activity / Sports Clubs?</p>	<p>Offer a wide variety of activities, utilising core and different activities / sports to engage a variety of pupils (pre-school / after school and lunchtimes).</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p><u>Essential for;</u> Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>Provide a minimum of; 1 club (Bronze) 2 clubs (Silver) 4 clubs (Gold) in different activities / sports.</p> <p>Timetable of clubs delivered each term on school website / Facebook / twitter / class blogs / school calendar / school newsletters.</p>	<p>Our school provides a series of after school activity / sports clubs which change on a termly basis (list clubs, year groups and days). The list of clubs can be evidenced on our school website (insert school website link) and we keep registers of attendance for each club.</p> <p>Our school provides a breakfast club which includes a healthy breakfast and sports activities. Information can be found on our school website (insert school website link) and we keep registers of attendance.</p>
15	<p>Does your school support a policy for Active Travel?</p>	<p>Sign up to scheme or schemes such as Bikeability, Walkwise, Child Pedestrian Training, Active travel, Dr Bike Sessions, Bike marking, Love to Ride, Staff travel surveys and School Travel Plans.</p>	<p><u>Desirable for;</u> Infant Primary/Junior Secondary SEN Primary SEN Secondary</p>	<p>School has created a School Travel Plan.</p> <p>School signed up to a scheme or schemes.</p> <p>E mail trail confirming training dates.</p> <p>Training dates on school website / Facebook / twitter / class blogs / school calendar / school newsletters.</p> <p>School has completed a staff travel survey.</p>	<p>Our school has a School Travel Plan which can be found on our school website under 'school polices' (insert website link).</p> <p>Our Year 5s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from the road safety team. In addition, photographs can be found on our 'add name the date' newsletter posted on our schools' website (insert website link).</p> <p>Our Year 2s received Walkwise 6-week child pedestrian training (list dates and times). This was confirmed via e mail from the road safety team.</p> <p>Our Year 7s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from Sunderland Young Peoples Bike Project.</p>

Community We want schools to play a part in supporting the local community: to ensure opportunities are provided for residents to be active					
	Standard to achieve (Does the school....)	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
16	Does your school provide community access for sport and physical activity?	Provide community access to facilities and activities out of school hours	Essential for; Secondary Desirable for; Infant Primary/Junior SEN Primary SEN Secondary	Community Access Policy. Service Level Agreements / Hire Agreements.	<p>Our school provides community access to facilities and activities out of school hours. Information can be found on our school website under 'facility hire' (insert website link).</p> <p>We also have facility booking documents (letter / health and safety guidelines / safeguarding / terms and conditions for hirers / terms and conditions of use)</p>
17	Has your school established and provided active links / signposting to community sports clubs and leisure providers?	<p>Have links with local community sports clubs and leisure providers through signposting. Have meaningful active links with local community sports clubs and leisure providers</p> <p><u>Example of a simple active link.</u> Tennis coaching in curriculum time on school premises. Students attend competition held at Sunderland Tennis Centre. Information regarding exit route activity distributed to students.</p>	Infant Primary/Junior Secondary SEN Primary SEN Secondary	<p>Bronze - 1 sign posted link (not applicable to infant / SEN schools). Silver - 3 links which includes 1 active link (infant / SEN schools 1 sign posted link only) Gold - 5 links which includes 2 active links (infant / SEN schools 2 signposting links only) All in different activities / sports.</p> <p><u>Signposting</u> Activity links on school website / Facebook, posters, promotional flyers, assembly visits</p>	<p><u>Bronze</u></p> <p><u>Signposted link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre.</p> <p><u>Silver</u></p> <p><u>Signposted link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, football coaching with a local (insert name) football club and All Stars Cricket coaching with a local (insert name) cricket club.</p>

		<p><u>Example of an excellent active link.</u> Local karate club showcased in an assembly. The club operate an after-school club on the school site. Information regarding exit route activity distributed to students.</p>		<p><u>Active links</u> E mail trail confirming provider visit/s or coaching. Timetable of clubs delivered by external provider. Links on school website / Facebook, Posters, promotional flyers on PE noticeboards</p>	<p><u>Active link</u> Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition, teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities.</p> <p><u>Signposting link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, hockey coaching with a local (insert name) hockey club, athletics coaching with a local (insert name) athletics club, rugby coaching with a local (insert name) rugby club, netball coaching with local (insert name) netball club.</p> <p><u>Active link</u> Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition, teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities. Also, our local (insert name) gymnastics club did a display at assembly (add date) which can be confirmed by e mails from the club. The club now operate a regular after school gymnastics club. We keep registers of attendance for the club</p>
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Key Contacts

Great Active Sunderland Schools Charter

Yvonne Setchell, Event and Active Sunderland Delivery Officer, Mobile; 07768 273 348. E mail; Yvonne.setchell@sunderland.gov.uk,
Website; [Great Active Sunderland Schools Charter - Sunderland City Council](#)

School Games Organisers

Amy McCulloch – Farringdon SSP, Telephone 0191 917 1500, Mobile: 07834 700 535, E mail: amy.mcculloch@farringdonca.net
Bryony Blanchard – Biddick SSP, Telephone 0191 511 1600 ext. 5036, Mobile: 07713 706 942, E mail: blanchard.b@biddickacademy.com
TBC – Kepier SSP, Mobile: , E mail:
Facebook; [Sunderland School Games | Facebook](#) Twitter; [Sunderland School Games \(@SunderlandGames\) / Twitter](#)

Change 4 Life Sunderland

Darren Pike, Change 4 Life Sunderland Team Leader, Telephone; 07770 584 674, E mail; Darren.pike@sunderland.gov.uk
Facebook; [Change4Life Sunderland - Home | Facebook](#)

Step Up Sunderland

Schools Tool Kit is available from; Darren Pike, Change 4 Life Sunderland Team Leader, Mobile; 07770 584 674, E mail; Darren.pike@sunderland.gov.uk
Website; [Step Up Sunderland](#) Facebook; [Active Sunderland - Home | Facebook](#)

Daily Mile

Website; [The Daily Mile | UK](#)

Sunderland Healthy Schools Award

This award includes the following headings: Great Active Sunderland School Charter, Mental Health Charter, Anti-Bullying Charter, Food and Nutrition Charter and Relationship, Sex and Health Education (RSHE) Charter Mark;

[Sunderland Healthy Schools Award - Together for Children](#)

For further information and or discuss your involvement please contact, Danika Shilliday, SRE Worker, Together for Children. Office: (0191) 561 3275.
E mail; Danika.Shilliday@togetherforchildren.org.uk

Active Travel

Staff travel surveys, Dr Bike Sessions, Bike marking and Love to Ride encourage employees to engage with Active Travel activities and creating Travel Plans. Contact; Vicky Tubman, Sustainable Travel officer; vicky.tubman@sunderland.gov.uk or Tracey Enguita, Assistant Sustainable Travel Officer; tracey.enguita@sunderland.gov.uk

Child pedestrian training programme, Walkwise, Bikeability cycle training programme level 1, level 2 and level 3 and assistance with creating School Travel Plans. Contact; Anthony Bell, Road Safety Engineer anthony.bell@sunderland.gov.uk or Gemma Strong, Road Safety Technician gemma.strong@sunderland.gov.uk

Great Active Sunderland School Charter 2022 – 2023 – Ready Reckoner - All

	Standard to achieve (Does the school....)	School the standard applies to (Red essential / green desirable)	Notes / Standard Achieved Yes / No
1.	Provide 2 hours of High-Quality PE per week	Essential for all	
2.	Provide information about the use of Primary PE and Sport Premium funding	Essential for Infant / Primary / Junior / SEN Primary	
3.	Have a Head of PE or PE Lead	Essential for all	
4.	Have teachers attending at least one PE CPD course per annum	Desirable for Infant / Primary / Junior / Secondary / SEN Secondary / SEN Primary	
5.	Offer PE training for playground / lunchtime assistants	Desirable for Infant / Primary / Junior / SEN Primary	
6.	Provide all young people the opportunity to participate in competitive sport as a participant, volunteer or leader	Essential for all	
7.	Have an accredited School Games Mark	Essential for Primary / Junior / Secondary / SEN Primary / SEN Secondary	
8.	Deliver and operate a Young Leader's Programme / Leadership Academy / Change 4 Life Champions / Young Health Champions	Essential for Primary / Junior / Secondary / SEN Primary / SEN Secondary. Desirable for Infant	
9.	Provide Key Stage 2 pupils with the opportunity to swim 25m unaided. Provide Key Stage 1/2 pupils swimming instruction.	Desirable for Primary / Junior Desirable for Infant / SEN Primary	
10.	Provide a series of sports festivals for cluster primary schools	Desirable for Secondary	
11.	Provide programmes to engage the least active (C4L / 60 Active minutes / Daily Mile / British Triathlon Skills for Life programme / This Girl Can / Step Up Sunderland / Transition events)	Essential for Primary / Junior / SEN Primary / Secondary / SEN Secondary	
12.	Engage with the Council's Change 4 Life Sunderland programme	Essential for all	
13.	Have the Healthy Schools Award or is working towards the Award	Essential for all	
14.	Provide Lunchtime / Pre / After School Activity / Sports Clubs	Essential for all	
15.	Support a policy for Active Travel	Desirable for all	
16.	Provide community access for the purpose of sport and physical activity	Essential for Secondary. Desirable for Infant / Primary / Junior / SEN Primary / SEN Secondary	
17.	Provide active links / signposting to community sports clubs and leisure providers	Essential for Primary / Junior / Secondary. Desirable for Infant / SEN Primary / SEN Secondary	
18.	Any additional information		

	BRONZE			SILVER			GOLD		
	Number Required	Essential	Desire / Essential	Number Required	Essential	Desire / Essential	Number Required	Essential	Desire / Essential
Infant	5	3	2	7	4	3	9	5	3
Primary / Junior	8	7	1	10	8	2	12	9	3
Secondary	7	6	1	8	7	1	9	8	1
SEN Primary	7	5	2	9	6	3	11	7	4
SEN Secondary	4	3	1	6	4	2	8	6	2