



Great Active Sunderland School Charter 2018 - 2019

Name of School;

Name of School Contact;

Assessment period; September – May annually.

Accreditation Awarded; each July on an annual basis

Date of Assessment; Ongoing however the final date for submission is Friday 24 May 2019

How to apply

The 2018 – 2019 application process has moved on line.

Once you have started your survey you will be able to edit or change your survey responses at any time however you must use the same IP address (use same device in same location); <https://www.surveymonkey.co.uk/r/RT8FSGF>

When completing the on line process schools should be confident that if chosen for on-site ratification visit evidence can be presented against each criterion. It is suggested that schools set up a folder where evidence can be collected.

Support will be on offer throughout the process from;

Yvonne Setchell, Active Sunderland Development Officer.

Telephone; 0191 561 4692. E mail; Yvonne.setchell@sunderland.gov.uk

Further information, frequently asked questions can be found on; <http://www.sunderland.gov.uk/active> and example answers can be found in the criteria tables commencing on page 4 of this document.

Great Active Sunderland School Charter 2018 - 2019

Secondary Schools			
14 Criteria Elements			
Standard	Number Required	Essential	Desirable / Essential
Bronze	8	7	1
Silver	10	8	2
Gold	11	9	2

Special Schools (Secondary)			
12 Criteria Elements			
Standard	Number Required	Essential	Desirable / Essential
Bronze	5	4	1
Silver	7	5	2
Gold	9	6	3

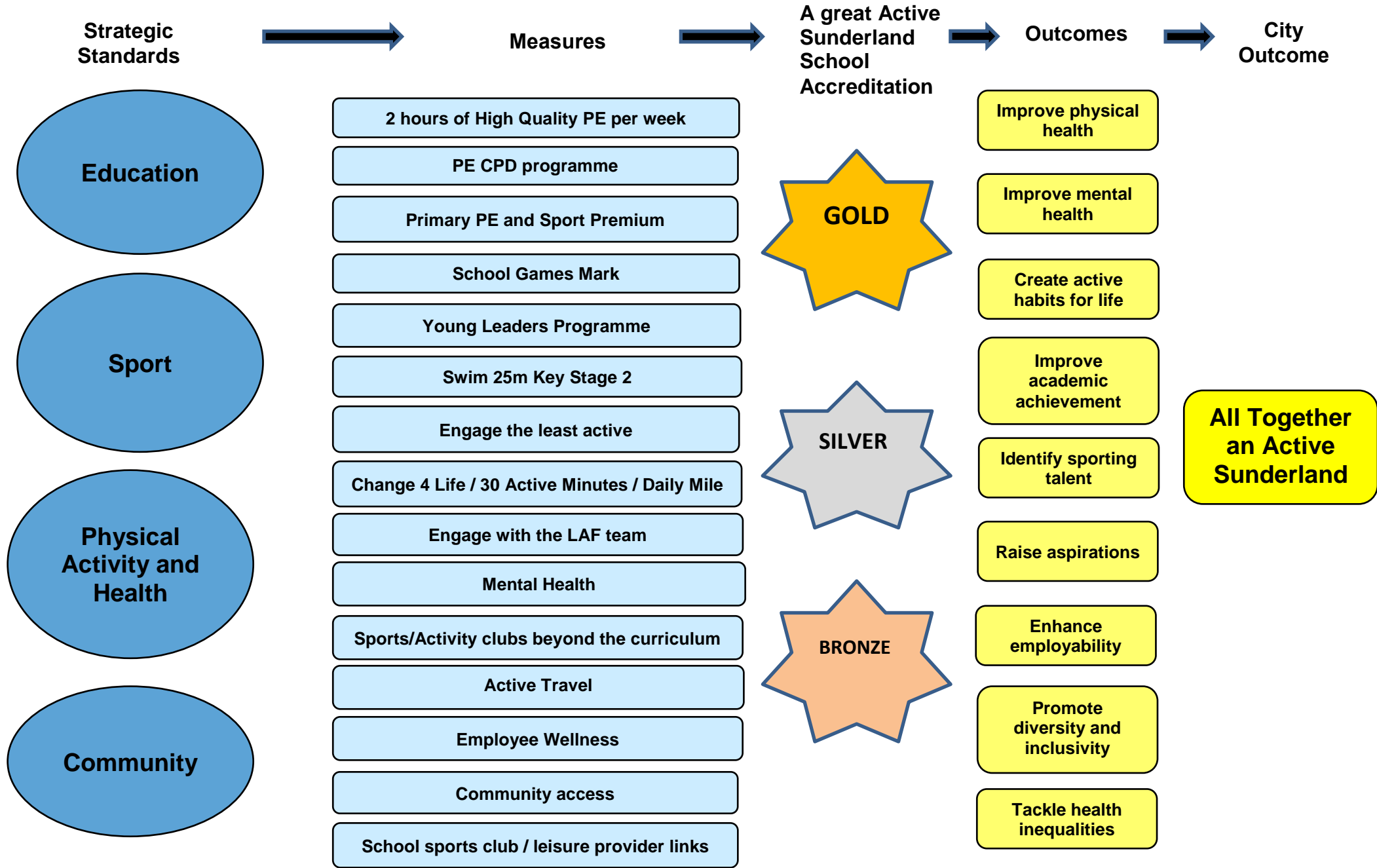
Primary / Junior Schools			
18 Criteria Elements			
Standard	Number Required	Essential	Desirable / Essential
Bronze	9	8	1
Silver	11	9	2
Gold	13	10	3

Special Schools (Primary)			
17 Criteria Elements			
Standard	Number Required	Essential	Desirable / Essential
Bronze	8	6	2
Silver	10	7	3
Gold	12	8	4

Infant Schools			
15 Criteria Elements			
Standard	Number Required	Essential	Desirable / Essential
Bronze	6	4	2
Silver	8	5	3
Gold	10	7	3



Great Active Sunderland School Charter 2018 - 2019



Criteria for a Great Active Sunderland School Charter

Education					
We want more time for higher quality PE: to ensure all children are physically literate and can move competently and confidently					
	Standard to achieve	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answers
1	<p>Does your school provide every child with at least 2 hours of high quality PE per week?</p> <p>Note; Special Schools can include physical therapy sessions</p>	<p>Bronze – 2 hours consisting of curricular and extra curriculum provision</p> <p>Silver - 2 hours made up of curricular and extracurricular provision</p> <p>Gold – 2 hours of timetabled curriculum provision</p>	<p>Essential for; Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>School timetable. Extra curriculum timetable</p>	<p>Our school provides each class with 2 hours of PE per week which can be evidenced through our school timetable.</p> <p>Our school provides each class with 2 hours of PE per week which is made up of each class receiving 2 sessions of 50 minutes plus a series of extra curricula sports club provision (add dates, times sports in criteria 15) In addition we have registers of attendance.</p> <p>Our school has limited hall availability therefore each class receives 2 x 50 minutes of timetable PE in addition to daily pre-school active movement sessions and scheduled lunchtime sessions which can be evidenced in our school timetable.</p>

2	<p>Does your school publish information about the use of Primary PE and Sport Premium funding?</p> <p>Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered.</p>	<p>Ofsted inspectors will be asked to consider “How well the school uses its Sport Premium top improve the quality and breadth of its PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performances levels they are capable of.”</p>	<p><u>Essential for:</u> Infant Primary/Junior Special Primary</p>	<p>As part of the funding programme schools will be required to include details about their sporting provision on their school website, alongside their curriculum details. (Note – Ofsted inspectors will assess how effectively schools use their funding and hold schools to account)</p>	<p>We have published details of how we intend to spend our PE and sport premium funding on our website (insert website link) which includes:</p> <ul style="list-style-type: none"> • the amount of premium received • a full breakdown of how it will be spent • a section where we can measure the impact the school has seen on pupils’ PE and sport participation and attainment • how the improvements will be sustainable in the future
3	<p>Does your school have a designated Head of PE or PE Lead?</p>	<p>The school’s appointed Head of PE or PE Lead name to appear on website / letters regarding students attending sports events</p>	<p><u>Essential for:</u> Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>PE Lead name appears on; website / letters regarding students attending sports events</p>	<p>'name of teacher' is our PE lead. This can be found on our staff list on our school website (insert website link) / on letters to parents regarding attendance at sports competitions.</p>

4	<p>Do your teachers attend at least one CPD course per annum?</p>	<p>Sports specific courses attended off site. Inset training attended by whole staff. Staff working alongside sports coaches.</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p><u>Desirable for;</u> Infant Primary/Junior Special Primary</p>	<p>Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.</p> <p>Continuous CPD - dates external providers working alongside teachers and schemes of work provided</p>	<p>'name of teacher' attended 'name of course' on date, venue, time. This attendance has been confirmed via an e mail from the course organiser.</p> <p>'name of teacher' has worked with an external sports coach for 6 weeks. This included the teacher working in tandem with the coach during one lesson and then solo delivering the same lesson to a different class. The teacher has lesson plans to ensure sustainable delivery. We have a confirmation e mail from the coach outlining the delivery programme and dates.</p> <p>During a school inset day on (list day, date and times) the whole school attended a CPD session on (name sport / theme). We have a confirmation e mail outlining the delivery from the tutor.</p>
5	<p>Does your school offer training for playground / lunchtime assistants?</p>	<p>Active Playground Training. Operation of in house playground training scheme for lunchtime assistants' Young leaders working with lunchtime assistants in the delivery of activities.</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p><u>Desirable for;</u> Infant Primary/Junior Special Primary</p>	<p>Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.</p> <p>In house programme, copy of training programme delivered available, dates delivered and number attending</p>	<p>Our PE lead delivered a in house playground training programme to the lunchtime assistants (list days, dates, time and list of attendees). The training dates can be found in our school calendar along with the list of attendees. The PE lead also has a copy of the training programme delivered. The PE lead also linked the training to the young leaders who also assist with lunchtime activity (see criteria 8) Our lunchtime supervisors attended (add name of course, date, venue, time). This attendance has been confirmed via an e mail from the course organiser</p>

Sport We want sustained competitive sport in schools: to ensure sport remains at the heart of a young person's life					
	Standard to achieve	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
6	Does your school provide all young people the opportunity to participate in competitive sport as a participant, volunteer or leader?	<p>Use the Sunderland School Games, Feeder Secondary School Cluster Festivals, Wise Games and School Sports Associations competitions to provide pupils with the opportunity to take part as participant, volunteer or leader.</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p>Essential for; Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>Registration of school on the 'your school games' website. Through the School Games Organisers termly data collection.</p> <p>School Sport Associations websites and fixtures.</p> <p>Letters to parents.</p> <p>School website / facebook / twitter / class blogs / school calendar / school newsletters.</p> <p>List competitions attended (sport, dates, year groups)</p>	<p><u>Competitive Sport</u> Our school attends the cluster festivals provided by our feeder secondary school (list festivals, year groups and dates). We have a copy of the cluster festival programme. Attendance confirmation can be found in confirmation e mails from our feeder secondary school also on our school website (insert website link) / Facebook (insert Facebook link) / class blog / school newsletter as well as on the Your School Games website.</p> <p>Our school attends competitions provided in the Sunderland School Games Calendar (copy available). Attendance is confirmed via e mail from the School Games Organiser / competition results / reports on school website (insert website link) / Facebook (insert Facebook link) / twitter (insert twitter link) / newsletter.</p> <p><u>Volunteer / leader</u> Our young leaders provide support at the following after school clubs / cluster festivals (list clubs / festivals dates and venues). This can be verified by consent forms and emails from the event organiser.</p>

7	Does your school have an accredited School Games Mark?	A reward for schools for their commitment to and development of competition, school sport and physical education	Essential for; Primary/Junior Secondary Special Primary Special Secondary	Achievement of School Games Mark (Bronze, Silver, Gold or Platinum). Level awarded confirmed by School Games Organisers.	Our school has registered on the 'your school games' website which can be verified by the School Games Organiser. Our school achieved the bronze/silver/gold/platinum mark in 2016/17 and is currently working towards the bronze/silver/gold/platinum mark in 2017/18.
8	Does your school deliver and operate a Young Leader's Programme, Leadership Academy or Leadership Scheme?	<p>Programmes include Sports Leaders UK / Young Ambassadors / Playmakers Award / Active Leaders Award and Sunderland Schools Junior Leadership Award.</p> <p>Operation of in house leadership scheme.</p>	Essential for; Primary/Junior Secondary Special Primary Special Secondary Desirable for; Infant	<p>Name award, confirmation of award gained through e mails from provider.</p> <p>In house leadership scheme programme delivery dates and year group and number attending</p>	<p>Our school operates the Sports leaders UK programme (add days, dates, times of training) 'insert number' students are on the programme (register supplied by Sports leaders UK). In addition we have a programme of activity the leaders deliver at lunchtime with the lunchtime assistants which is outlined in a rota.</p> <p>Our school operates an in house leadership scheme for year 7/8/9/10/11 (add days, dates and times of training). These leaders have been used at Sunderland School Games calendar competitions (list event/s, day/s and date/s) attendance is confirmed via e mail from School Games Organiser. These leaders have also been used at our Cluster Festivals (list event/s, day/s and date/s) attendance is confirmed via requests for pupils to attend instead of scheduled lesson.</p> <p>Our school operates an in house leadership scheme for year 6 (add days, dates and times of training). These leaders deliver a programme of activity at lunchtime with the lunchtime assistants which is outlined in a rota.</p>

					Our year 5 children have completed playmakers award course (add dates, venue, time). This attendance has been confirmed via an e mail from the course organiser
9	<p>Does your school provide pupils at Key Stage 2 with the opportunity to swim 25m unaided?</p> <p>*Does your school provide pupils at Key Stage 1 swimming instruction opportunities?</p>	<p>The new 2014 National Curriculum states all schools must provide swimming instruction. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres (Key Stage 2).</p>	<p><u>Desirable for;</u> *Infant Primary/Junior</p>	<p>Name venue lessons are delivered as well as the year group/s receiving lessons and which terms attended.</p> <p>Registers from swimming provider indicating attendance, entry / exit level and distances achieved.</p> <p>Effective use of Primary PE and Sport Premium funding for <u>Intervention Programmes.</u></p>	Our school takes year 4 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.
10	Does your school provide a series of sports festivals for cluster primary schools?	<p>Primary Cluster Sports Festival Calendar can be used to help primary schools qualify for next level of the Sunderland School Games.</p> <p>Provides an ideal opportunity for young leaders to be involved in delivery.</p> <p>Acts as an excellent transition tool for attracting pupils to the school.</p>	<p><u>Desirable for;</u> Secondary</p>	<p>Varied festival programme produced (a sample of sports, dates, times, year groups).</p> <p>Copy of festival programme available on school website.</p> <p>E mails sent to participating primary schools</p>	Our school has a varied Primary Cluster Sports Festival Calendar which is delivered to feed into the Sunderland School Games Calendar to enable progression to Level 2 competition. Copy of calendar is available on school website (insert website link). Cluster festival results published on school website (insert website link) and e mails sent to competing primary schools.

Physical Activity, Health and Mental Health

We want physical activity opportunities embedded into every school day: to ensure every child has the opportunity to live a healthy, active lifestyle

	Standard to achieve (Does the school....)	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
11	<p>Does your school provide programmes to engage the least active pupils? (Change 4 Life / Active 30 minutes / Daily Mile)</p>	<p>Operate a Change 4 Life Club (or alternatively named club). Support available from School Games Organiser. <u>And / or</u> Active School Plans for 30 Active Minutes per day through active travel, playgrounds and classrooms. Support available from School Games Organiser. <u>And / or</u> Operation of Daily Mile. It gets children out of the classroom for fifteen minutes every day to run or jog, at their own pace, with their classmates, making them fitter, healthier, and more able to concentrate in the classroom.</p> <p>Eligible items which can be funded from Primary PE and sport premium.</p>	<p>Essential for; Primary/Junior Special Primary</p>	<p>Change 4 Life club (or alternatively named club) Dates delivered and year group/s and numbers attending</p> <p>Production of Active School Plans</p> <p>Registration of school on the Daily Mile website</p>	<p>Our school operate a Change 4 Life Club (list year group/s, day, dates and times). Club register is kept. Club attendees have been to C4L Celebration event held on (add day, date and time). Attendance confirmed via e mail from School Games Organiser.</p> <p>Our school operate a 'alternatively named' Change 4 Life Club (list year group, day, dates and times). Club register is kept.</p> <p>Our school has produced an Active School Plan which is available on our school website (insert website link)</p> <p>Our school is registered on the Daily Mile website (insert website link)</p>

12	<p>Has your school engaged with the Council's Lifestyle, Activity and Food (LAF) programme (whole school Healthy Lifestyle assembly)?</p>	<p>Schools to host a LAF programme whole school Healthy Lifestyle assembly (minimum requirement). On completion of the assembly schools will have the opportunity to sign up to a wide variety of services completely free of charge; fun and interactive classroom based workshops, games and activity sessions as well as practical healthy snack making and 8 week family LAF programmes for children who are struggling to maintain a healthy weight</p>	<p><u>Essential for;</u> Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>E mail trail confirming LAF assembly and or other programmes delivered.</p>	<p>The LAF team delivered a whole school Healthy Lifestyle assembly (add day, date and time). This was confirmed via e mail from the LAF team.</p> <p>The LAF team have also delivered a weigh and measure session and a number of healthy lifestyle workshops. A number of families have also joined a free 6 week healthy lifestyle programme. After completing the programme families continue to receive up to a further 12 months of continued support from the LAF team which includes free activities during school holidays and further lifestyle advice. This is all confirmed via e mail from the LAF team.</p>
13	<p>Has your school developed Young Health Champions (<u>Secondary</u>)</p>	<p><u>Young Health Champions;</u> A Peer Led health education programme that allow schools the chance to work in partnership to demonstrate their commitment to the health and wellbeing of their students. Young Health Champions complete a 4 day training programme covering young people's health related issues.</p>	<p><u>Desirable for;</u> Secondary</p>	<p><u>Young Health Champions:</u> Number of pupils gaining qualification. Named teacher coordinating the programme. Number of pupils taking up the role.</p>	<p><u>Young Health Champions</u> Our school has a number of students (insert number) who have undertaken the Young Health Champions training programme (add days, dates and times). This was confirmed via e mail from Public Health Practitioner.</p>

	<p>Has your school developed Change 4 Life Champions (Primary)</p>	<p>Or operation of in house health scheme.</p> <p><u>Change 4 Life Champions</u> School Games Organisers offer C4L Champions Training aimed at Year 4/5 pupils. Champions will help support C4L clubs and their peers to lead healthy active lives and be the healthy active lifestyle ambassadors for their school.</p>	<p>Desirable for; Primary/Junior Special Primary</p>	<p><u>In house health Scheme</u> Name of scheme, outline of programme provided with dates, year group/s involved and numbers participating</p> <p><u>Change 4 Life Champions:</u> Champions training offered by the School Games Organisers. E mail trail confirming attendance.</p>	<p><u>In house health scheme</u> Our school operates an in house health scheme (insert name). An outline of the programme can be found on our school website (insert website link). (Add year group/s involved and numbers participating).</p> <p><u>Change 4 Life Champions</u> Our school took a number (insert number) of students to the C4L Champions training day (add day, date and time). This was confirmed via e mail from the School Games Organiser.</p>
14	<p>Is your school working towards the Mental Health Charter Mark? (Together for Children)</p>	<p>The Mental Health Charter Mark is intended to help schools evaluate and improve their work in supporting pupils with mental health needs, setting out a pathway of bronze, silver and gold criteria which details the steps that can be taken by schools to improve and how any actions can be evaluated.</p>	<p>Desirable for; Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>Provision of evidence that schools are on a pathway towards achieving the bronze, silver or gold criteria</p>	<p>Our school is working towards the bronze criteria.</p> <p>Our school achieved the bronze/ silver/ gold/ standard in (insert year) and is currently working towards the silver/ gold/ criteria in (insert year).</p>

15	<p>Does your school provide Pre School / Lunchtime / After School / Activity /Sports Clubs?</p>	<p>Offer a wide variety of activities, utilising core and different activities / sports to engage a variety of pupils (pre-school / after school and lunchtimes).</p> <p>Eligible item which can be funded from Primary PE and sport premium.</p>	<p><u>Essential for:</u> Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>Provide a minimum of; 1 club (Bronze) 3 clubs (Silver) 6 clubs (Gold) in different activities / sports.</p> <p>Timetable of clubs delivered each term on school website / facebook / twitter / class blogs / school calendar / school newsletters.</p>	<p>Our school provides a series of after school activity / sports clubs which change on a termly basis (list clubs, year groups and days). The list of clubs can be evidenced on our school website (insert school website link) and we keep registers of attendance for each club.</p> <p>Our school provides a breakfast club which includes a healthy breakfast and sports activities. Information can be found on our school website (insert school website link) and we keep registers of attendance.</p>
16	<p>Does your school support a policy for Active Travel?</p>	<p>Sign up to scheme or schemes such as Bikeability, Walkwise, Child Pedestrian Training, Schools Go Smarter (Smarter Parker, Dr Bike), Living Streets (Walk to School Month / Week, Happy Shoesday, Free your Feet).</p>	<p><u>Desirable for:</u> Infant Primary/Junior Secondary Special Primary Special Secondary</p>	<p>School has an Active Travel Policy.</p> <p>School signed up to a scheme or schemes.</p> <p>E mail trail confirming training dates.</p> <p>Training dates on school website / facebook / twitter / class blogs / school calendar / school newsletters.</p>	<p>Our school has an Active Travel policy which can be found on our school website under 'school polices' (insert website link).</p> <p>Our Year 5s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from the road safety team. In addition photographs can be found on our 'add name the date' newsletter posted on our schools website (insert website link).</p> <p>Our Year 2s received Walkwise 6 week child pedestrian training (list dates and times). This was confirmed via e mail from the road safety team.</p> <p>Our Year 7s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from Sunderland Young Peoples Bike Project.</p>

17	Has your school engaged with the Employee Wellness Programme (EWP)?	Establish contact with EWP to access free direct information / support through visit to the school to improve the health and wellbeing in the workplace.	<u>Desirable for;</u> Infant Primary/Junior Special Primary Special Secondary	Dates of EWP visit/s to the school. E mail trail confirming visit/s.	The EWP coordinator visited our school on (list dates and times) and the staff undertook body composition analysis assessment. This was confirmed via e mail from the EWP coordinator.
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Community We want schools to play a part in supporting the local community: to ensure opportunities are provided for residents to be active					
	Standard to achieve (Does the school....)	Further specific detail	School the standard applies to	How will it be measured? (to know they have achieved standard)	Example Answer/s
18	Does your school provide community access for sport and physical activity?	Provide community access to facilities and activities out of school hours	<u>Essential for;</u> Secondary Desirable for; Infant Primary/Junior Special Primary Special Secondary	Community Access Policy. Service Level Agreements / Hire Agreements.	Our school provides community access to facilities and activities out of school hours. Information can be found on our school website under 'facility hire' (insert website link). We also have facility booking documents (letter / health and safety guidelines / safeguarding / terms and conditions for hirers / terms and conditions of use)

19	<p>Has your school established and provided active links / signposting to community sports clubs and leisure providers?</p>	<p>Have links with local community sports clubs and leisure providers through signposting. Have meaningful active links with local community sports clubs and leisure providers</p> <p><u>Example of a simple active link;</u> Tennis coaching in curriculum time on school premises. Students attend competition held at Sunderland Tennis Centre. Information regarding exit route activity distributed to students.</p> <p><u>Example of an excellent active link;</u> Local karate club showcased in an assembly. The club operate an after school club on the school site. Information regarding exit route activity distributed to students.</p>	<p><u>Essential for:</u> Primary/Junior Secondary</p> <p><u>Desirable for:</u> Infant Special Primary Special Secondary</p>	<p>Achievement of School Games Mark. Bronze - 1 sign posted link (not applicable to infant / special schools). Silver - 3 links which includes 1 active link (infant / special schools 1 sign posted link only) Gold - 5 links which includes 2 active links (infant / special schools 2 signposting links only) All in different activities / sports.</p> <p><u>Signposting</u> Posters, promotional flyers, assembly visits</p> <p><u>Active links</u> E mail trail confirming provider visit/s or coaching. Timetable of clubs delivered by external provider. Posters, promotional flyers</p>	<p><u>Bronze</u></p> <p><u>Signposted link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre.</p> <p><u>Silver</u></p> <p><u>Signposted link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, football coaching with a local (insert name) football club and All Stars Cricket coaching with a local (insert name) cricket club.</p> <p><u>Active link</u> Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities.</p> <p><u>Gold</u></p> <p><u>Signposting link</u> Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, hockey coaching with</p>
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					<p>a local (insert name) hockey club, athletics coaching with a local (insert name) athletics club, rugby coaching with a local (insert name) rugby club, netball coaching with local (insert name) netball club.</p> <p><u>Active link</u> Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities. Also our local (insert name) gymnastics club did a display at assembly (add date) which can be confirmed by e mails from the club. The club now operate a regular after school gymnastics club. We keep registers of attendance for the club</p>
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Key Contacts

Great Active Sunderland Schools Charter

Yvonne Setchell, Active Sunderland Development Officer, Telephone; 0191 561 4692. E mail; Yvonne.setchell@sunderland.gov.uk, Website; <http://www.sunderland.gov.uk/active>

School Games Organisers

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Lifestyles, Activity and Food Programme (LAF)

Darren Pike, Lifestyle, Activity and Food Programme Team Leader, Telephone; 0191 561 4691, E mail; Darren.pike@sunderland.gov.uk

Young Health Champions

Laura Cassidy, Health Improvement Practitioner Children and Young People. Telephone; 0191 561 5608. Mobile; 07789 947 197. Email; Laura.Cassidy@sunderland.gov.uk

Mental Health Charter

Catherine Barnett , Head Teacher Hylton Red House Nursery. Telephone; 0191 548 8000. E mail; hrh.nursery@schools.sunderland.gov.uk

Active Travel

Diane Hilder, Sustainable Transport Development Officer. Telephone; 561 7964. Mobile; 07780 686 980. E mail;

diane.hilder@sunderland.gov.uk

Child Pedestrian Training, Walkwise and Bikeability; Paul Lewins, Transportation Development Manager, Telephone; 561 2445. E mail; paul.lewins@sunderland.gov.uk.

Employee Wellness Programme (EWP)

Peter Tate, the Employee Wellness Programme Coordinator, Telephone; 561 4574, E mail; peter.tate@sunderland.gov.uk or employeewellnessprogramme@sunderland.gov.uk

Great Active Sunderland School Charter 2018 – 2019 – Ready Reckoner

	Standard to achieve (Does the school....)	School the standard applies to (red essential / green desirable)	Notes / Standard Achieved Yes / No
1.	2 hours of High Quality PE per week	Essential for all	
2.	Provide information about the use of Primary PE and Sport Premium funding	Essential for Infant / Primary / Junior / Special Primary	
3.	Appoint a Head of PE or PE Lead	Essential for all	
4.	PE CPD programme	Desirable for Infant / Primary / Junior / Special Primary	
5.	Offer PE training for playground / lunchtime assistants	Desirable for Infant / Primary / Junior / Special Primary	
6.	Provide all young people the opportunity to participate in competitive sport as a participant, volunteer or leader	Essential for all	
7.	Have an accredited School Games Mark	Essential for Primary / Junior / Secondary / Special Primary / Special Secondary	
8.	Deliver and operate the Young Leader's Programme, or Leadership Academy	Essential for Primary / Junior / Secondary / Special Primary / Special Secondary. Desirable for Infant	
9.	Provide Key Stage 2 pupils with the opportunity to swim 25m unaided. Provide Key Stage 1 pupils swimming instruction.	Desirable for Infant / Primary / Junior	
10.	Provide a series of sports festivals for cluster primary schools	Desirable for Secondary	
11.	Provide programmes to engage the least active (Change 4 Life / 30 Active minutes / Daily Mile)	Essential for Primary / Junior / Special Primary	
12.	Engage with the Council's Lifestyle, Activity and Food (LAF) programme	Essential for all	
13.	Develop; Health Champions	Desirable for Secondary	
	Develop; Young Change 4 Life Champions	Desirable for Primary / Junior / Special Primary	
14.	Mental Health Charter	Desirable for all	
15.	Provide Lunchtime / Pre/After School Activity /Sports Clubs	Essential for all	
16.	Support a policy for Active Travel	Desirable for all	
17.	Engage with Employee Wellness Programme	Desirable for all	
18.	Provide community access for the purpose of sport and physical activity	Essential for Secondary. Desirable for Infant / Primary / Junior / Special Primary / Special Secondary	
19.	Establish and provide school sports club / leisure provider links	Essential for Primary / Junior / Secondary. Desirable for Infant / Special Primary / Special Secondary	
20.	Any additional information		

	BRONZE			SILVER			GOLD		
	Number Required	Essential	Desire / Essential	Number Required	Essential	Desire/ Essential	Number Required	Essential	Desire / Essential
Infant	6	4	2	8	5	3	10	7	3
Primary / Junior	9	8	1	11	9	2	13	10	3
Secondary	8	7	1	10	8	2	11	9	2
Special Primary	8	6	2	10	7	3	12	8	4
Special Secondary	5	4	1	7	5	2	9	6	3

