

Thank you for being a Great Active Sunderland Schools Charter School 2018 - 2019

Please answer each of the questions indicated in blue.

Further specific details and how the criteria will be measured are included to help you in orange text.

Please indicate the type of evidence and information you have collated in the 'provide information here' boxes after each question (in text only).

Once you have started the survey you will be able to edit or change your survey responses at any time however you must use the same IP address (use same device in same location).

IMPORTANT; To ensure your responses are saved you MUST click on the NEXT icon at the bottom of each page. Once you are happy that the survey is complete click on the SUBMIT icon after question 22. (if you do return to your survey and your responses have disappeared please be advised that they are not lost. To request retrieval please e mail; yvonne.setchell@sunderland.gov.uk

Please add your school name on question 1 and your name and school name on question 21

Q1

Does your school provide every child with at least 2 hours of high quality PE per week?

Essential Criteria applicable to all schools.

Further specific details;

Bronze – 2 hours consisting of curricular and extra curriculum provision.

Silver - 2 hours made up of curricular and extracurricular provision.

Gold – 2 hours of timetabled curriculum provision.

Note; Special Schools can include physical therapy sessions

How will it be measured?

School timetable.

Extra curriculum timetable.

- Yes - please specify
- Provide information here;
- Example answers
Our school provides each class with 2 hours of PE per week which can be evidenced through our school timetable.

Our school provides each class with 2 hours of PE per week which is made up of each class receiving 2 sessions of 50 minutes plus a series of extra curricula sports club provision (add dates, times sports in criteria 15) In addition we have registers of attendance.

Our school has limited hall availability therefore each class receives 2 x 50 minutes of timetable PE in addition to daily pre-school active movement sessions and scheduled lunchtime sessions which can be evidenced in our school timetable.

Q2

Does your school publish information about the use of Primary PE and Sport Premium funding?

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered.

Essential Criteria applicable to Infant / Primary / Junior / Special Primary Schools.

Further specific details:

Ofsted inspectors will be asked to consider “How well the school uses its Sport Premium to improve the quality and breadth of its PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performances levels they are capable of.”

How will it be measured?

As part of the funding programme schools will be required to include details about their sporting provision on their school website, alongside their curriculum details.

(Note – Ofsted inspectors will assess how effectively schools use their funding and hold schools to account)

- Yes - please specify
- Provide information here:
- Example answer
We have published details of how we intend to spend our PE and sport premium funding on our website (insert website link) which includes:
 - the amount of premium received
 - a full breakdown of how it will be spent
 - a section where we can measure the impact the school has seen on pupils’ PE and sport participation and attainment
 - how the improvements will be sustainable in the future

Q3

Does your school have a designated Head of PE or PE Lead?

Essential Criteria applicable to all schools.

How will it be measured?

The school’s appointed Head of PE or PE Lead name to appear on website / letters regarding students attending sports events

- Yes - please specify
- Provide information here;

- Example answer
'name of teacher' is our PE lead. This can be found on our staff list on our school website (insert website link) / on letters to parents regarding attendance at sports competitions.

Q4

Do your teachers attend at least one CPD course per annum?

Desirable Criteria applicable to infant / primary / junior / special primary schools.

Further specific details:

Sports specific courses attended off site.

Inset training attended by whole staff.

Staff working alongside sports coaches.

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Register/s of attendance / certificate/s / e mail confirmation of attendance.

Dates coaches working alongside teachers and schemes of work provided.

- Yes - please specify
- Provide information here;
- Example answers
'name of teacher' attended 'name of course' on date, venue, time. This attendance has been confirmed via an e mail from the course organiser.

'name of teacher' has worked with an external sports coach for 6 weeks. This included the teacher working in tandem with the coach during one lesson and then solo delivering the same lesson to a different class. The teacher has lesson plans to ensure sustainable delivery. We have a confirmation e mail from the coach outlining the delivery programme and dates.

During a school inset day on (list day, date and times) the whole school attended a CPD session on (name sport / theme). We have a confirmation e mail outlining the delivery from the tutor.

Q5

Does your school offer training for playground / lunchtime assistants?

Desirable criteria applicable to Infant / Primary / Junior / Special Primary Schools

Further specific details;

Further specific details:

Active Playground Training.

Operation of in house playground training scheme for lunchtime assistants'

Young leaders working with lunchtime assistants in the delivery of activities.

Eligible item which can be funded from PE and sport premium.

How will it be measured?

Register/s of attendance / certificate/s / e mail confirmation of attendance.

In house programme, copy of training programme delivered available, dates delivered and number attending.

- Yes - please specify
- Provide information here;
- Example answer
Our PE lead delivered a in house playground training programme to the lunchtime assistants (list days, dates, time and list of attendees). The training dates can be found in our school calendar along with the list of attendees. The PE lead also has a copy of the training programme delivered. The PE lead also linked the training to the young leaders who also assist with lunchtime activity (see criteria 8)
Our lunchtime supervisors attended (add name of course, date, venue, time). This attendance has been confirmed via an e mail from the course organiser.

Q6

Does your school provide all young people the opportunity to participate in competitive sport as a participant, volunteer or leader?

Essential criteria applicable to all schools.

Further specific details:

Use the Sunderland School Games, Feeder Secondary School Cluster Festivals, Wise Games and School Sports Associations competitions to provide pupils with the opportunity to take part as participant, volunteer or leader.

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Registration of school on the 'your school games' website.

Through the School Games Organisers termly data collection.

School Sport Associations websites and fixtures.

Letters to parents.

School website / Facebook / twitter / class blogs / school calendar / school newsletters.

List competitions attended (sport, dates, year groups).

- Yes - please specify
- Provide information here;
- Example answers

Competitive Sport

Our school attends the cluster festivals provided by our feeder secondary school (list festivals, year groups and dates). We have a copy of the cluster festival programme. Attendance confirmation can be found in confirmation e mails from our feeder secondary school also on our school website (insert website link) / Facebook (insert Facebook link) / class blog / school newsletter as well as on the Your School Games website.

Our school attends competitions provided in the Sunderland School Games Calendar (copy available). Attendance is confirmed via e mail from the School Games Organiser / competition results / reports on school website (insert website link) / Facebook (insert Facebook link) / twitter (insert twitter link) / newsletter.

Volunteer / leader

Our young leaders provide support at the following after school clubs / cluster festivals (list clubs / festivals dates and venues). This can be verified by consent forms and emails from the event organiser.

Q7

Does your school have an accredited School Games Mark?

Essential criteria applicable to primary / junior / secondary / special primary / special secondary schools.

Further specific details:

A reward for schools for their commitment to and development of competition, school sport and physical education.

How will it be measured?

Achievement of School Games Mark (Bronze, Silver, Gold or Platinum). Level awarded confirmed by School Games Organisers.

- Yes - please specify
- Provide information here;
- Example answer
Our school has registered on the 'your school games' website which can be verified by the School Games Organiser. Our school achieved the bronze/silver/gold/platinum mark in 2016/17 and is currently working towards the bronze/silver/gold/platinum mark in 2017/18.

Q8

Does your school deliver and operate a Young Leader's Programme, Leadership Academy or Leadership Scheme?

Essential criteria applicable to all schools.

Further specific details:

Programmes include Sports Leaders UK / Young Ambassadors / Playmakers Award / Active Leaders Award and Sunderland Schools Junior Leadership Award.
Operation of in house leadership scheme.

How will it be measured?

Name award, confirmation of award gained through e mails from provider.

In house leadership scheme programme delivery dates and year group and number attending.

- Yes - please specify
- Provide information here;
- Example answers
Our school operates the Sports leaders UK programme (add days, dates, times of training) 'insert number' students are on the programme (register supplied by Sports leaders UK). In addition we have a programme of activity the leaders deliver at lunchtime with the lunchtime assistants which is outlined in a rota.

Our school operates an in house leadership scheme for year 7/8/9/10/11 (add days, dates and times of training). These leaders have been used at Sunderland School Games calendar competitions (list event/s, day/s and date/s) attendance is confirmed via e mail from School Games Organiser. These leaders have also been used at our Cluster Festivals (list event/s, day/s and date/s) attendance is confirmed via requests for pupils to attend instead of scheduled lesson.

Our school operates an in house leadership scheme for year 6 (add days, dates and times of training). These leaders deliver a programme of activity at lunchtime with the lunchtime assistants which is outlined in a rota.

Our year 5 children have completed playmakers award course (add dates, venue, time). This attendance has been confirmed via an e mail from the course organiser.

Q9

Does your school provide pupils at Key Stage 2 with the opportunity to swim 25m unaided?

Does your school provide pupils at Key Stage 1 swimming instruction?

Desirable criteria applicable to infant / primary / junior schools.

Further specific details:

The new 2014 National Curriculum states all schools must provide swimming instruction. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres (Key Stage 2).

How will it be measured?

Registers from swimming provider indicating attendance, entry / exit level and distances achieved.

Effective use of Primary PE and Sport Premium funding for Intervention Programmes.

- Yes - please specify
- Provide information here;
- Example answer
Our school takes year 4 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.

Q10

Does your school provide a series of sports festivals for cluster primary schools?

Desirable criteria applicable to secondary schools.

Further specific details:

Primary Cluster Sports Festival Calendar can be used to help primary schools qualify for next level of the School Games.

Provides an ideal opportunity for young leaders to be involved in delivery.

Acts as an excellent transition tool for attracting pupils to the school.

How will it be measured?

Varied festival programme produced (a sample of sports, dates, times, year groups).
Copy of festival programme available on school website.
E mails sent to participating primary schools.

- Yes - please specify
- Provide information here;
- Example answer
Our school has a varied Primary Cluster Sports Festival Calendar which is delivered to feed into the Sunderland School Games Calendar to enable progression to Level 2 competition. Copy of calendar is available on school website (insert website link).
Cluster festival results published on school website (insert website link) and e mails sent to competing primary schools.

Q11

Does your school provide programmes to engage the least active pupils?

Essential criteria applicable to primary / junior / special primary schools.

Further specific details:

Operate a Change 4 Life Club (or alternatively named club). Support available from School Games Organiser.

And / or

Active School Plans for 30 Active Minutes per day through active travel, playgrounds and classrooms. Support available from School Games Organiser.

And / or

Operation of Daily Mile. It gets children out of the classroom for fifteen minutes every day to run or jog, at their own pace, with their classmates, making them fitter, healthier, and more able to concentrate in the classroom.

Eligible items which can be funded from Primary PE and sport premium.

How will it be measured?

Change 4 Life Club (or alternatively named club) registers.
Production of Active School Plans.
Registration of school on the Daily Mile website.

- Yes - please specify
- Provide information here;
- Example answers
Our school operate a Change 4 Life Club (list year group/s, day, dates and times).
Club register is kept.
Club attendees have been to C4L Celebration event held on (add day, date and time). Attendance confirmed via e mail from School Games Organiser.

Our school operate a 'alternatively named' Change 4 Life Club (list year group, day, dates and times). Club register is kept.

Our school has produced an Active School Plan which is available on our school website (insert website link)

Our school is registered on the Daily Mile website (insert website link).

Q12

Has your school engaged with the Council's Lifestyle, Activity and Food (LAF) programme?

Essential criteria applicable to all schools.

Further specific details:

Schools to host a LAF programme whole school Healthy Lifestyle assembly (minimum requirement).

On completion of the assembly schools will have the opportunity to sign up to a wide variety of services completely free of charge; fun and interactive classroom based workshops, games and activity sessions as well as practical healthy snack making and 8 week family LAF programmes for children who are struggling to maintain a healthy weight

How will it be measured?

E mail trail confirming LAF assembly and or other programmes delivered.

- Yes - please specify
- Provide information here;

- Example answers

The LAF team delivered a whole school Healthy Lifestyle assembly (add day, date and time). This was confirmed via e mail from the LAF team.

The LAF team have also delivered a weigh and measure session and a number of healthy lifestyle workshops. A number of families have also joined a free 6 week healthy lifestyle programme. After completing the programme families continue to receive up to a further 12 months of continued support from the LAF team which includes free activities during school holidays and further lifestyle advice. This is all confirmed via e mail from the LAF team.

Q13

Has your school developed Young Health Champions (Secondary) / Developed Change 4 Life Champions (Primary / Special Primary)?

Desirable criteria for primary / junior / special primary / secondary schools.

Further specific details:

Young Health Champions (Secondary):

A Peer Led health education programme that allow schools the chance to work in partnership to demonstrate their commitment to the health and wellbeing of their students. Young Health Champions complete a 4 day training programme covering young people's health related issues.

Or operation of in house health scheme.

Change 4 Life Champions (Primary / Junior / Special Primary):

School Games Organisers offer C4L Champions Training aimed at Year 4/5 pupils. Champions will help support C4L clubs and their peers to lead healthy active lives and be the healthy active lifestyle ambassadors for their school.

How will it be measured?

Young Health Champions:

Number of pupils gaining qualification.
Named teacher coordinating the programme.
Number of pupils taking up the role.

Change 4 Life Champions:

Champions training offered by the School Games Organisers.
E mail trail confirming attendance.

- Yes - please specify
- Provide information here;
- Example answers

Young Health Champions

Our school has a number of students (insert number) who have undertaken the Young Health Champions training programme (add days, dates and times). This was confirmed via e mail from Public Health Practitioner.

In house health scheme

Our school operates an in house health scheme (insert name). An outline of the programme can be found on our school website (insert website link). (Add year group/s involved and numbers participating).

Change 4 Life Champions

Our school took a number (insert number) of students to the C4L Champions training day (add day, date and time). This was confirmed via e mail from the School Games Organiser.

Q14

[Is your school working towards the Mental Health Charter Mark \(Together for Children\)?](#)

Essential criteria applicable for infant / primary / junior / secondary / special primary / special secondary.

Further specific details:

The Mental Health Charter Mark is intended to help schools evaluate and improve their work in supporting pupils with mental health needs, setting out a pathway of bronze, silver and gold criteria which details the steps that can be taken by schools to improve and how any actions can be evaluated.

How will it be measured?

Provision of evidence that schools are on a pathway towards achieving the bronze, silver or gold criteria.

- Example answers

Our school is working towards the bronze criteria.

Our school achieved the bronze/ silver/ gold/ standard in (insert year) and is currently working towards the silver/ gold/ criteria in (insert year).

Q15

Does your school provide Pre-School / Lunchtime / After School / Activity /Sports Clubs?

Essential criteria applicable for all schools.

Further specific details:

Offer a wide variety of activities, utilising core and different activities / sports to engage a variety of pupils (pre-school / after school and lunchtimes).

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Provide a minimum of;

1 club (Bronze)

3 clubs (Silver)

6 clubs (Gold)

in different activities / sports.

Timetable of clubs delivered each term on school website / Facebook/ twitter / class blogs / school calendar / school newsletters.

- Yes - please specify
- Provide information here;

- Example answers

Our school provides a series of after school activity / sports clubs which change on a termly basis (list clubs, year groups and days). The list of clubs can be evidenced on our school website (insert school website link) and we keep registers of attendance for each club.

Our school provides a breakfast club which includes a healthy breakfast and sports activities. Information can be found on our school website (insert school website link) and we keep registers of attendance.

Q16

Does your school support a policy for Active Travel?

Desirable criteria applicable to all schools.

Further specific details:

Sign up to scheme or schemes such as Bikeability, Walkwise, Child Pedestrian Training, Schools Go Smarter (Smarter Parker, Dr Bike), Living Streets (Walk to School Month / Week, Happy Shoesday, Free your Feet).

How will it be measured?

School has an Active Travel Policy.

School signed up to a scheme or schemes.

E mail trail confirming training dates.

Training dates on school website / Facebook / twitter / class blogs / school calendar / school newsletters.

- Yes - please specify

- Provide information here;

- Example answers

Our school has an Active Travel policy which can be found on our school website under 'school polices' (insert website link).

Our Year 5s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from the road safety team. In addition photographs can be found on our 'add name the date' newsletter posted on our schools website (insert website link).

Our Year 2s received Walkwise 6 week child pedestrian training (list dates and times). This was confirmed via e mail from the road safety team.

Our Year 7s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from Sunderland Young Peoples Bike Project.

Q17

Has your school engaged with the Employee Wellness Programme?

Desirable criteria applicable to all schools.

Further specific details:

Establish contact with Employee Wellness Programme (EWP) to access free direct information / support through visit to the school to improve the health and wellbeing in the workplace.

How will it be measured?

Dates of EWP visit/s to the school.

E mail trail confirming visit/s.

- Yes - please specify

- Provide information here;

- Example answer

The EWP coordinator visited our school on (list dates and times) and the staff undertook body composition analysis assessment. This was confirmed via e mail from the EWP coordinator..

Q18

Does your school provide community access for sport and physical activity?

Essential applicable to secondary schools. Desirable criteria applicable to infant / primary / junior / special primary / special secondary schools.

Further specific details:

Provide community access to facilities and activities out of school hours.

How will it be measured?

Community Access Policy.

Copy of Service Level Agreements / Hire Agreements.

- Yes - please specify
- Provide information here;
- Example answer
Our school provides community access to facilities and activities out of school hours. Information can be found on our school website under 'facility hire' (insert website link).

We also have facility booking documents (letter / health and safety guidelines / safeguarding / terms and conditions for hirers / terms and conditions of use).

Q19

Has your school established and provided active links / signposting to community sports clubs and leisure providers?

Essential criteria applicable to primary / junior / secondary schools.

Desirable criteria applicable to infant / special primary / special secondary schools.

Further specific details:

Have links with local community sports clubs and leisure providers through signposting.

Have meaningful active links with local community sports clubs and leisure providers.

Example of a simple active link:

Tennis coaching in curriculum time on school premises.

Students attend competition held at Sunderland Tennis Centre.

Information regarding exit route activity distributed to students.

Example of an excellent active link:

Local karate club showcased in an assembly.

The club operate an after school club on the school site.

Information regarding exit route activity distributed to students.

How will it be measured?

Achievement of School Games Mark.

Bronze - 1 sign posted link (not applicable to infant / special schools).

Silver - 3 links which includes 1 active link (infant / special schools 1 sign posted link only).

Gold - 5 links which includes 2 active links (infant / special schools 2 signposting links only)

All in different activities / sports.

Signposting

Posters, promotional flyers, assembly visits.

Active links

E mail trail confirming provider visit/s or coaching.

Timetable of clubs and registers of attendance.

Posters, promotional flyers.

- Yes - please specify
- Provide information here;
- Example answers

Bronze

Signposted link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre.

Silver

Signposted link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, football coaching with a local (insert name) football club and All Stars Cricket coaching with a local (insert name) cricket club.

Active link

Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities.

Gold

Signposting link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, hockey coaching with a local (insert name) hockey club, athletics coaching with a local (insert name) athletics club, rugby coaching with a local (insert name) rugby club, netball coaching with local (insert name) netball club.

Active link

Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities. Also our local (insert name) gymnastics club did a display at assembly (add date) which can be confirmed by e mails from the club. The club now operate a regular after school gymnastics club. We keep registers of attendance for the club

Q20

Insert school name and name of contact completing the survey

Name of school and name of contact

Q21

How has your school done?

Using the comment box below please state the number of essential and desirable criteria you believe your school has achieved and the award this equates to;

Using the Great Active Sunderland School Charter 2018/2019 ready reckoner we believe we have achieved (enter number) Essential criteria and (enter number) Desirable criteria which equates to the Bronze/Silver/Gold standard (enter standard).

I look forward to hearing from you