

Handball

Sunderland has a number of fantastic opportunities to keep you active

Active Sunderland provide advice about how you can get involved in sport and physical activity, joining a sports club, coaching, volunteering or accessing sport funding.

This leaflet provides you with information on how to get involved. For further details please visit www.activesunderland.org.uk

Handball Network

Sunderland Handball Club

The Sunderland Handball Club is the only adult handball club in Sunderland. The club offer recreational and competitive opportunities to play this increasingly popular sport, with beginners and more experienced players all welcome. Sessions take place at Sunderland College's Bede campus.

For further information please contact sunderland.handball@gmail.com